

**Ah3.ADELAIDE HASH HOUSE HARRIERS**  
*A drinking Club with a Running Problem!!*  
 (.) (.) (.) (.) [www.ah3.com.au](http://www.ah3.com.au) (.) (.) (.) (.)

**Hash Trash 6th May 2024**



**AH3 Committee**

<b>Grand Master</b>	McTaf	0419 288 101
<b>Religious Advisor</b>	Bigus Dickus	
<b>Hash Cash</b>	Inherendo	
<b>Hash Trash</b>	Bus Stop	0415 276 608
<b>Trail Master</b>	Bearded Clam	
<b>Keg Master</b>	Dickhead	
<b>Hash Horn</b>	Buddha	
<b>Memorabilia</b>	Unstoppable	0403 053 800
<b>Choir Master</b>	Chesty	0412 368 340

**\$10 sign on for Non-Drinkers - \$20 for Drinkers**

<b>RECEDING HARELINE</b>	<b>RUN LOCATION</b>	<b>Comments</b>
Run 2540 – Loose Change 13 May 2024	7 Power Court, Para Vista	
Run 2541 – Bus Stop 20 May 2024	TBA	
Run 2542 – Elf & Snitch 27 May 2024	TBA	
Run 2543 – TBA 3 June 2024	TBA	

Run Details	Run Report – Crunchy’s Place Fairview Park  Hares – Crunchy Crack 15 runners & 2 dogs	Unfair and subject Run S
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6 May 2024  
Run 2539

With a small pack gathered on what looked a perfect evening, the Hare gave us a brief preamble and mentioned the words we all wanted to hear – “Yes, there will be a drink stop”!

With only 5 runners in the running pack, four of us put on our most uncompetitive running faces, while the remaining member looked menacingly at the potential victims-recipients for the much-maligned anchor. With stage one of the run having mostly two-ways to slow the runners down, Bearded Clam leapt to the front by guessing forward at every two-way. According to the Sportsbet App, at this stage he was 50 to 1 to cop the bloody anchor.

The second stage of the run abandoned the main roads and took us through the shiggy areas of Gunda Reserve. Here the chalk was replaced by generous quantities of flour and good checks kept the pack together well. This was by far the best part of the run and allowed us to forget about any anchor anxieties.

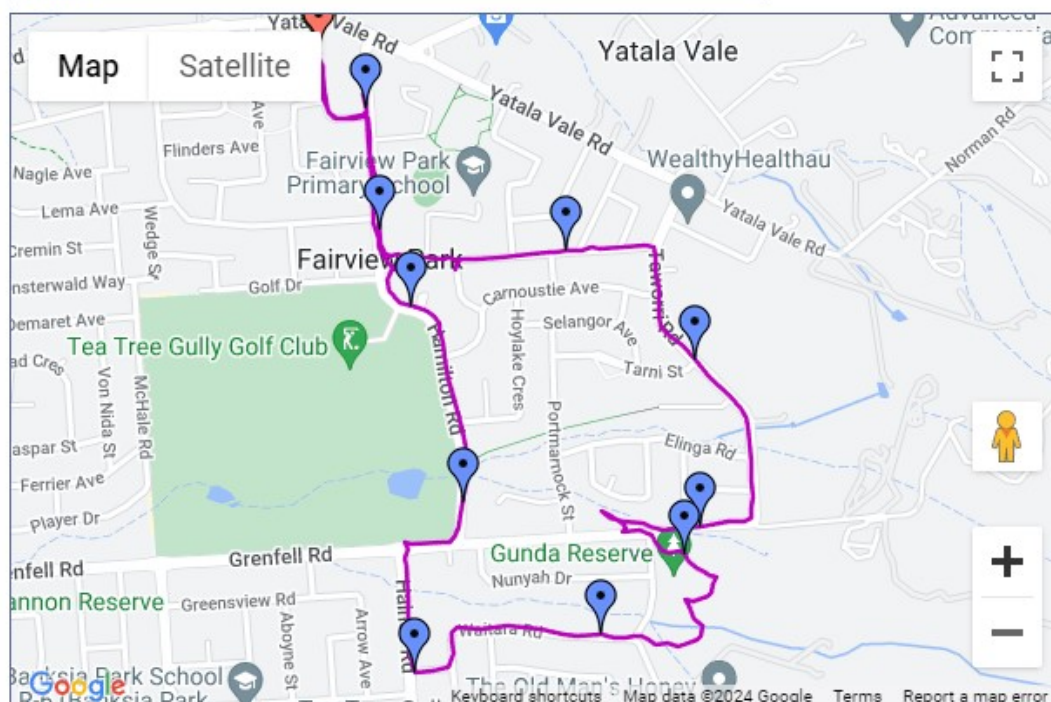
The third stage of the run took us back along the edge of the Tea Tree Gully Golf Course eventually bringing us to the drink stop where were treated to a well-deserved cup of muskat before embarking on a short jog back to the run site.

Runners were back in just under the hour, having visited some of the more interesting areas of Fairview Park.

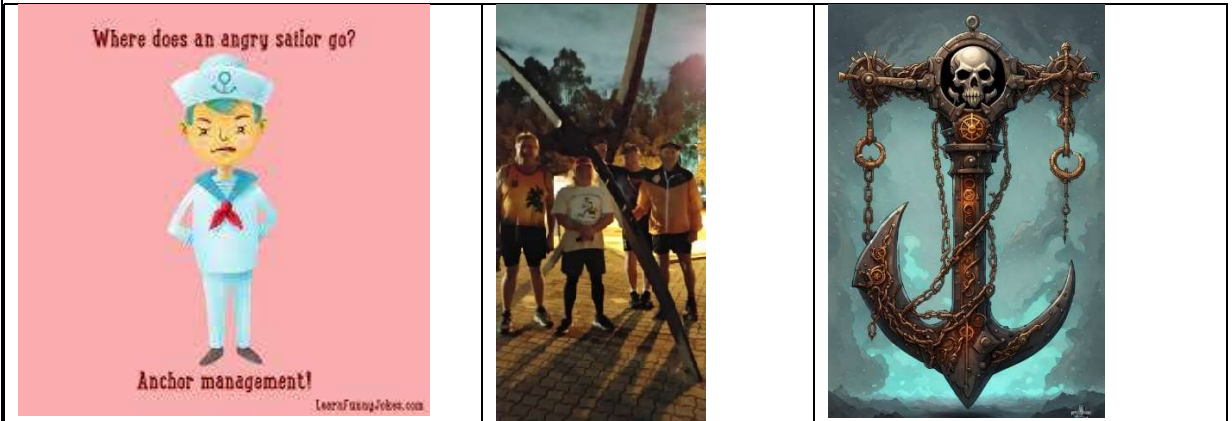
Monday, May 6, 2024

	Date	Distance	Time	Pace	Speed	Calories	
	Mon, May 06 7:13 PM	5.34 km	0:59:07	11.1 min/km	5.4 km/h	0	<a href="#">Edit</a> <a href="#">Delete</a>

Details



With the air alive with anticipation regarding who would be stitched up with the anchor, the stand-in RA, Dickhead, took charge of the circle. After the usual acknowledgements, we were all amused when it turned out that someone had “stolen” the anchor. Apparently the much-maligned anchor is more highly prized than many assumed. According to Fuck Nose, that bloody anchor is cursed and should have been left at the bottom of Outer Harbour where it was found.



Only those who have held that beautiful, artistic, powerful piece of steel could truly appreciate the absolute feeling of invincibility which it imparts, and the reluctance to part with this true companion. How else could you explain the following:

- Olive Oil always “forgetting” to bring the anchor
- Moped’s fascination with the Oakden anchor
- Bus Stop sprinting the last kilometre home to deprive others of the “curse”
- Loose change dropping Ninja off at home so she could focus on the beautiful anchor
- Someone stealing the anchor
- Olive’s devastation at not having the anchor
- Bearded Clam volunteering to take the anchor as he had been competitive

Thankfully, our 45<sup>th</sup> and greatest over seafarer will be back soon and will ensure that this bloody curse of an anchor is returned to its rightful place at the bottom of Outer Harbour, or better still, donated to the Hariettes!

**Many thanks to the hare for a most pleasant and entertaining evening.**

<b>Fair and Objective Run Score:</b>	<b>Criteria Max</b>	<b>Score</b>
Well planned/researched run location	10	7
Decent run site, shelter, fire bucket	10	8
Varied running terrain	10	6
Good use of available terrain	20	14
Well-marked trail	10	7
Good checks/false trails – kept pack together	20	11
Runners back on around the hour	10	9
Piss Stop (Bonus 5)	5	5
Piss Stop Topless (Bonus 10)	10	0
Decent Nosh	10	5
<b>Total</b>		<b>72</b>

# Announcements

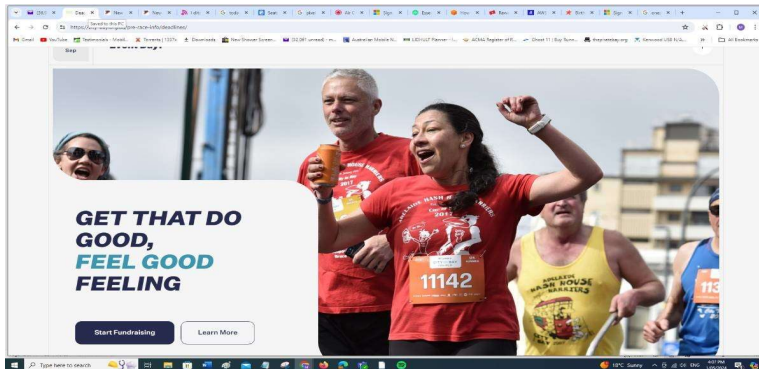
## 1. – Freo Nash Hash 2025 – Mid-Price Registration until 30 June 2024

<https://www.freonashhash2025.com/>



## 2. City to Bay 2024

**\$50 FOR 50TH EARLY BIRD DEAL.**  
**2024 ENTRIES OPEN!**



## 3. AGM is coming soon - Please return your awards memorabilia to Unstoppable

ON ON  
EMAILING OF TRASH:

If you wish to have your TRASH delivered electronically Please give Hash Trash your email address.

