

Ah3.ADELAIDE HASH HOUSE HARRIERS
A drinking Club with a Running Problem!!
 (.) (.) (.) (.) www.ah3.com.au (.) (.) (.) (.)

Hash Trash 11th March 2024



AH3 Committee

Grand Master	McTaf	0419 288 101
Religious Advisor	Bigus Dickus	
Hash Cash	Inherendo	
Hash Trash	Bus Stop	0415 276 608
Trail Master	Bearded Clam	
Keg Master	Dickhead	
Hash Horn	Buddha	
Memorabilia	Unstoppable	0403 053 800
Choir Master	Chesty	0412 368 340

\$10 sign on for Non-Drinkers - \$20 for Drinkers

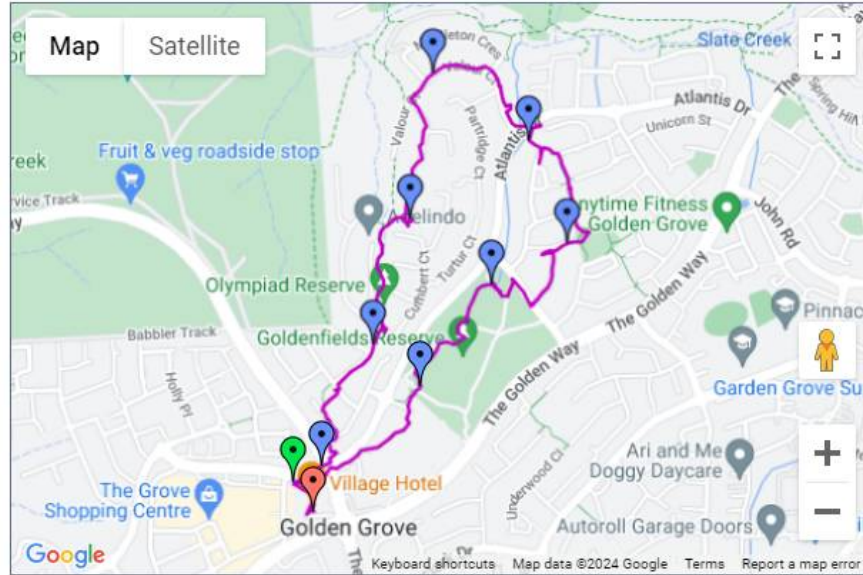
RECEDING HARELINE	RUN LOCATION	Comments
Run 2532 – Bigus Dickus 18 March 2024	20 Charles Street Valley View	Bring your bathers!
Run 2533 – Betty Boop 25 March 2024	TBA	Boopy's Bunny Run
Run 2534 – Joint Run Tuesday 2 April 2024	TBA	After Easter weekend, joint run with Hariettes on Tuesday
Run 2535 – Buddha 8 April 2024	TBA	
Run 2536 – Unstoppable 15 April 2024	TBA	
Run 2537 – Dickhead & Tight Lips 22 April 2024	TBA	
Run 2538 – Moped 29 April 2024	TBA	

Run Details	Run Report – The Village Tavern Golden Grove Village Golden Grove Hare – Bus Stop		Unfair and subjective Run Score
11 March 2024 Run 2531	<p>With many of our athletic runners off enjoying Interhash in New Zealand and our sensible runners off fishing around SA, the responsibility fell on a small but dedicated group to maintain the AH3 Monday tradition.</p> <p>Having left it the last minute to lay the trail, the hare vowed to set a sensible but thirst-raising trail, despite the near 40 degree heat. As we gathered in the car park for the briefing, the instructions were clear (to the hare at least):</p> <ol style="list-style-type: none"> 1. Runners – follow trail, Obey hash halts, be rewarded at the drink stop 2. Walkers - follow trail to first hash halt, turn around, FOLLOW THE BLOODY MAP, rejoin trail at the third hash halt, be rewarded at the drink stop 3. Others – jump in the Kia A380 and ride with the hare directly to the drink stop, do not pass GO, do not collect \$200, enjoy the bloody cold beer <p>If all went according to this simple plan, the runners and walkers would all arrive at the drink stop in about 40 minutes, have 15 minutes to enjoy a couple of cold beers followed by a 5 minute stroll back to the Tavern to be rewarded with a “straight from the kitchen” Pint & Schnitty at precisely 8pm.</p> <p>Sure enough, at 7:42pm, Loose Change, Nifty and Bearded Clam appeared from around the corner to the drink stop at Strickland Park, sweating profusely after the long uphill climb. After a couple of refreshing beers they were soon on their way back to the Tavern.</p> <p>A quick call to Unstoppable confirmed that the walkers had ominously decided to follow the runners all the way to the second hash halt, turning what should have been a leisurely stroll into a true Burke and Wills type expedition. Accordingly, Bus Stop and Ice Cans dog a hole in the corner of Strickland Park, carefully buried 6 cans of Great Northern, and marked it carefully with a clear DS sign.</p> <p>Amazingly the whole group arrived back at the Tavern just in time to retrieve our Schnitties just on 8:00pm.</p> <p>With the aircon working well we enjoyed great food, great company, refreshing beers and relaxing entertainment, all of us extremely grateful to have enjoyed the challenging conditions.</p>		7

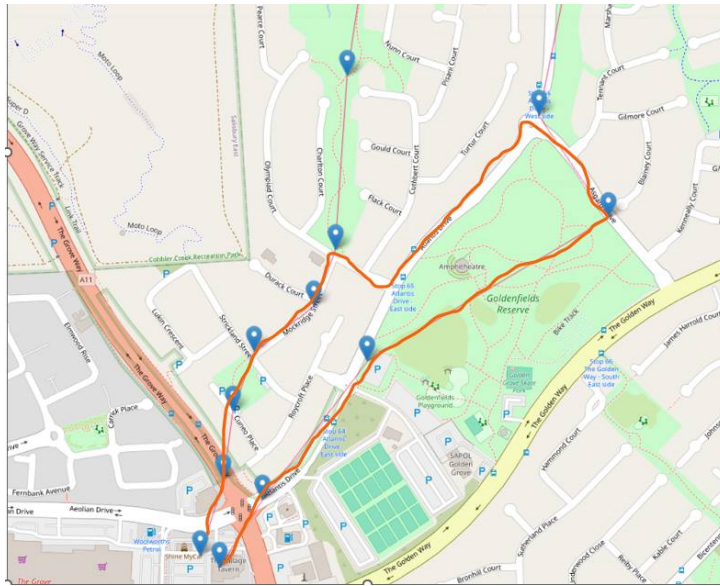
Monday, March 11, 2024

Date	Distance	Time	Pace	Speed	Calories	
Mon, Mar 11 2:17 PM	4.30 km	1:20:04	18.6 min/km	3.2 km/h	0	Edit Delete

Details



Burke & Wills Map

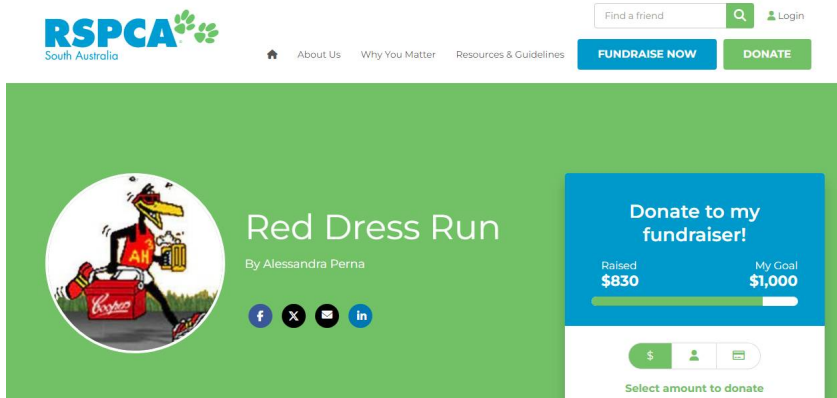


Fair and Objective Run Score:	Criteria Max	Score
Well planned/researched run location	10	5
Decent run site, shelter, fire bucket, air conditioning	10	10
Varied running terrain	10	5
Good use of available terrain	20	11
Well-marked trail	10	6
Good checks/false trails – kept pack together	20	14
Runners back on around the hour	10	10
Piss Stop (Bonus 5)	5	5
Piss Stop Topless (Bonus 10)	10	0
Decent Nosh	10	7
Total		73

Announcements

1. Web Site is still open for donations:

<https://my.rspcasa.org.au/fundraisers/alessandraperna/red-dress-run>



2. Early Bird Registration – Freo Nash Hash 2025 – Early Bird until 31 March 2024

<https://www.freonashhash2025.com/>

A promotional banner for 'Freo Nash Hash 2025 Inc.' featuring a cartoon mermaid holding a sign that says 'HASH FREO MANTLE 6'. The text on the banner includes 'Supported by WA hash clubs', 'Freo Nash Hash 2025 Inc.', and 'Registrations are now open! See Announcements page for further information.' Below the banner is a text update: 'February 2024 - Registration update. Thank you for your patience. Early Bird Registrations will be open from 8am AWST, Thursday 29 February 2024. Please navigate to the Registrations Page, set up an account and register. You will need a Credit or Debit Card to submit your payment. If you don't have those facilities, please find a friend and give them the cash. The Early Bird registration is open until 31st March 2024 and there will be a price increase on the 1st April 2024.'

ON ON

EMAILING OF TRASH:

If you wish to have your TRASH delivered electronically
Please give Hash Trash your email address.

