

Ah3.ADELAIDE HASH HOUSE HARRIERS
A drinking Club with a Running Problem!!
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Hash Trash 1st January 2024



AH3 Committee

Grand Master	McTaf	0419 288 101
Religious Advisor	Bigus Dickus	
Hash Cash	Inherendo	
Hash Trash	Bus Stop	0415 276 608
Trail Master	Bearded Clam	0414 422 353
Keg Master	Dickhead	0408 110 304
Hash Horn	Buddha	
Memorabilia	Unstoppable	0403 053 800
Choir Master	Chesty	0412 368 340

\$10 sign on for Non-Drinkers - \$20 for Drinkers

RECEDING HARELINE	RUN LOCATION	Comments
Run 2522 – 8 January 2024	3 Winara Drive, Ingle Farm	Hare - Inherendo
Run 2523 – 15 January 2024	TBA	Hare - Flash
Run 2524 – 22 January 2024	TBA	Hare - Elf
Run 2525 – 29 January 2024	TBA	Hare - Gout

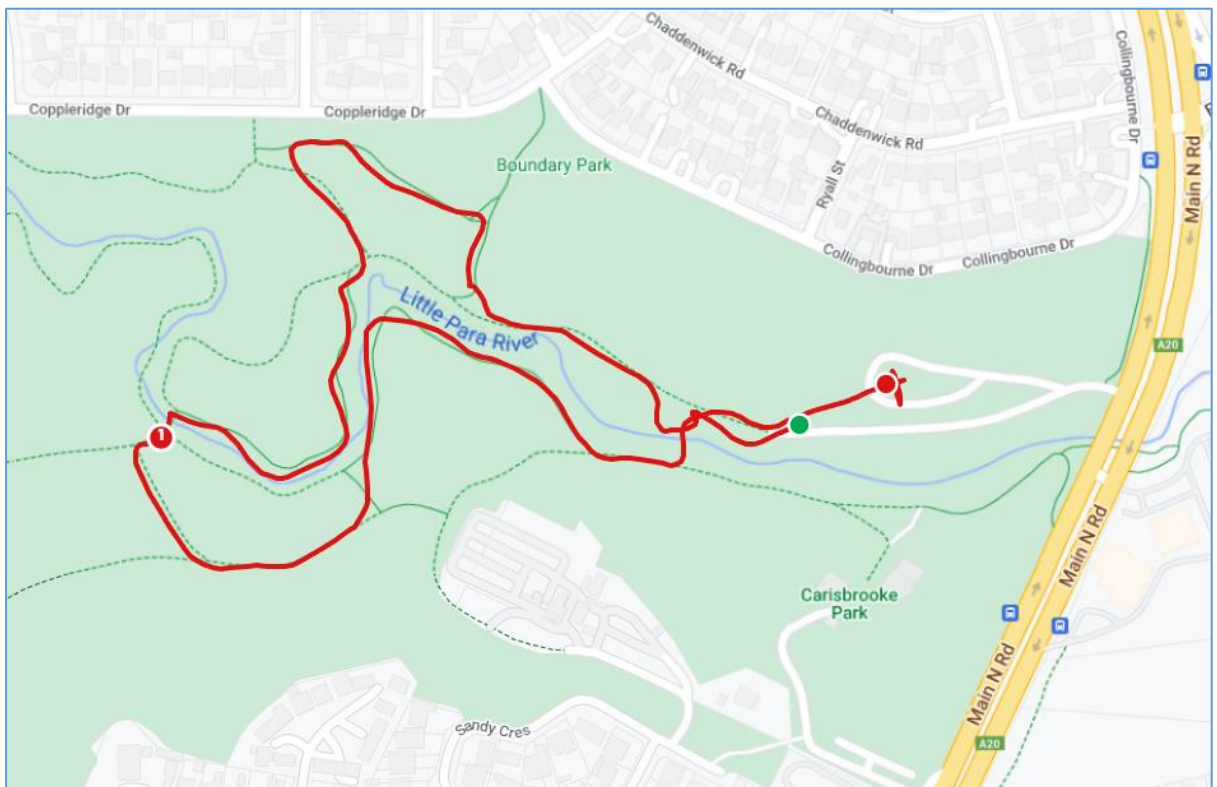
Flash – where’s your run going to be?

Run Details	Run Report – Carisbrooke Park, Main North Road, Salisbury Park	Hare – Iron Knob Secret Co-hare - Thumpa	Unfair and subjective Run Score
<p>1 January 2024 Run 2521</p>	<p style="text-align: center;">THE IRON MAN COMPETITION</p> <p>Bus Stop wasn't answering my frantic emails or texts so I finally had to assume he was still overseas and I had to attend the Iron Man as the stand-in scribe. There goes my first New Year's resolution!</p> <p>Everything appeared to be ready for the advertised 1pm sharp kick-off – but nothing happened. Bearded, Russian & the home brew kegs arrived at 5 past 1 & these had to be set up, so we eventually started the pre-Iron Man comp run at about 20 past 1. The run was a pleasant tour of paths along the Little Para river (see map) – with more than enough checks. Most sensible hashers walked, knowing the terrors to come, but the huge pack of 4 runners finished the arduous 2km trail in 22 minutes. At least that's when Muck & I got back – Olive & Loose Change opted to extend their runs to “stretch their legs”. This extra effort was of course duly rewarded later in the circle.</p> <p>Spoof & Mo turned up during the run, bringing the total attendance to 14 athletes and 1 dog. All 14 were automatically entered in the Iron Man comp, which started after the walkers finally got back. For each round competitors had to eat whatever Iron Knob served up, drink half a cup of “Evil” homebrew and jog or walk around a nearby pink tree. The alternative was to drop out – either voluntarily, or involuntarily by parking a tiger.</p> <p>Iron's first nosh offering was a dry Weetbix thickly covered in hot English mustard. That immediately saw off Russian, Betty Boop & Thumpa. Our “45th & greatest” GM McTaf lasted one round before wimping out too.</p> <p>I had a lot of trouble getting the mustard Weetbix down, but after that things got easier – even the raw egg in beer in Round 6 which stopped Unstoppable and Crunchy Crack. Spoof (first to cough) and I both dropped out after Round 12, leaving the Hard Core 4 of Muck, Bearded, Inherendo and Olive to fight it out. The gallant two remaining ladies dropped out in Rounds 16 & 17 (Olive involuntarily). Finally, after 21 rounds, Bearded outlasted Muck to take the Iron Man crown. Bearded also won in 2020 – what an iron stomach!</p> <p>That was nosh. Next up was the circle, presided over by acting RA McTaf.</p> <p>First charge was to Unstoppable for miscounting Olive's orifices (you had to be there)! Crunchy Crack quickly followed for taking 38 years to return to Carisbrooke Park (she was last there as a baby). Strangely the Hares were next – Iron Knob & Thumpa. Next in were the Iron Man Run virgins – mainly the GM & family.</p> <p>After a few number related charges, Bearded was crowned as Iron Man 2024 and promptly spewed. His hair was newly black but something clearly died inside!</p> <p>The retiring Iron Man Iron Knob had a well-earned drink for organising today's activities.</p>		<p style="text-align: center;">8</p>

It was then revealed that Spoof's partner Mo (Maureen) had done 10 runs and was due to be named. Loose Change suggested she be named Wet Spot, not just because of Spoof but also due to the proximity to the Old Spot hotel. That was carried unanimously – Mo is now Wet Spot.

The first, 2nd & 3rd Iron Man losers were in next, followed by BFTDs, late sign-ons, new shoes (Iron Knob's work boots) and so on. And that was it. Thanks to the Hares for a great New Year's day and thanks to Betty B for the circle notes & McTaf for some of the photos.

Cheers, Chesty (stand-in Scribe)



The pre-comp run – 2 km

ROUND	IRON CHEF 2024	MUCK	B-CLAM	RUSSIAN	CHESTY	B-BOOP	M-TAFF	INFERNO	L-CHANGE	UNSTOPPABLE	OLIVE	THUMPA	SPOOF	M-O	CRUNCHY CRACK
1	HOT ENGLISH MUSTARD on LIFFET BIX	✓	✓	X	✓	X	✓	✓	✓	✓	✓	X	✓		✓
2	VANILLA BUNNIES DATES	✓	✓		✓		X	✓	✓	✓	✓		✓	✓	✓
3	"JUMPED ON" CREAM PUFFS	✓	✓		✓			✓	✓	✓	✓		✓	X	✓
4	ROLL MAP	✓	✓		✓				X	✓	✓		✓		✓
5	Raisin toast w/ special sauce	✓	✓		✓			✓		✓	✓		✓		✓
6	RAW BEE w/ BEE	✓	✓		✓			✓		X	✓		✓		X
7	FRIDGE PIE	✓	✓		✓			✓		✓	✓		✓		
8	DINK BITS	✓	✓		✓			✓		✓	✓		✓		
9	Lemon slice	✓	✓		✓			✓		✓	✓		✓		
10	Fruit cake w/ sauce	✓	✓		✓			✓		✓	✓		✓		
11	Soy Milk	✓	✓		✓			✓		✓	✓		✓		
12	Fruit Bread w/ SS + Lemon	✓	✓		✓			✓		✓	✓		✓		
13	Fruit Pie w/ Waffles	✓	✓		✓	X		✓		✓	✓		✓		X
14	Fruit cake w/ Muffin + Lemon oil	✓	✓		✓			✓		✓	✓		✓		
15	Soy Milk + Eggs	✓	✓		✓			✓		✓	✓		✓		
16	Jumped on Cream Puff w/ Lemon	✓	✓		✓			X		✓	✓		✓		X
17	Waffle bit + soy + rollmap Juice	✓	✓		✓			✓		✓	✓		✓		
18	Dates + anchovies	✓	✓		✓			✓		✓	✓		✓		
19	Roll w/ anchovies special sauce hot Buns + lemon	✓	✓		✓			✓		✓	✓		✓		
20	Lemon Juice with dates, anchovies	✓	✓		✓			✓		✓	✓		✓		
21	Pie w/ waffles + hot Cream sauce	✓	✓		✓			✓		✓	✓		✓		
22															
23															
24															

The final scoreboard – zoom in for every grisly detail!



The Iron Chef in action



Yum yum



Does anyone recognise these two youngsters?

Not a grey hair on their heads!



Bonus European car jokes

Why do French cars have heated rear windows? To keep your hands warm when you're pushing them.

What do you call a Fiat with dual exhausts? A wheel-barrow.

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